



## THE MISSION OF ATs CARE:

**The mission of the ATs Care Committee is to aid ATs and AT students in the aftermath of a critical incident utilizing a peer-to-peer system to assist, monitor and encourage these individuals to seek initial support through state or regional athletic training care teams.**

The goal of ATs Care is to develop regional and state Critical Incident Stress Management (CISM) Teams located throughout the country, readily available to respond to the needs of our AT colleagues, students and staff during a critical incident. These team members are certified AT colleagues, specifically trained in critical incident stress management techniques who understand not only the issues you face during a critical incident, but also the reality that ATs continue to provide care and coverage to a team following the critical incident. ATs will be able to provide you and your staff the support you need to navigate through the immediate post-incident psychological management.

### HOW ATs CARE CAN HELP YOU AFTER A CRITICAL INCIDENT

- Psychological First Aid
- Peer to peer support for athletic trainers by athletic trainers
- Provide AT staff a local network of resources and support
- Critical incident stress management briefings and follow up sessions

**Should you or your team face a critical incident, we are here. For more information or to reach the ATs Care Team, contact us directly at [ATsCare@nata.org](mailto:ATsCare@nata.org) or call 972-532-8821.**