

Great Lakes Athletic Trainers' Association

52nd Annual Meeting and Symposium



GREAT LAKES

ATHLETIC TRAINERS ASSOCIATION

March 10th, 11th, 12th, 13th, & 14th, 2020

The Westin Chicago North Shore

Wheeling, IL

9 CEUs & 11 EBP CEUs

“GLATA is approved by the Board of Certification, Inc.
to offer continuing education for Certified Athletic Trainers.”

***Continuing Education Units' Statement of Credit
will be distributed within 30 days following the meeting***



Registration Hours

Ravinia Ballroom Pre-Function Area

Wed, March 11 th	1:00pm – 5:00pm
Thurs, March 12 th	8:00am – 3:30pm
Fri, March 13 th	7:00am – 12:00pm

Exhibit Hours

Fri, March 13 th	8:30am – 10:30am (Certified Only)
	10:30am – 1:30pm (All Attendees)

Committee Meetings

Executive Committee

Wed, March 11 th	7:30am – 6:00pm – Lake Michigan A
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GLATA Student Senate

Wed, March 11 th	1:00pm – 5:00pm – Elm Room
Thurs, March 12 th	7:30am – 11:00am – Elm Room
Sat, March 13 th	12:00pm – 4:00pm – Elm Room

Critical Incident Stress Management (CISM)

Thurs, March 12 th	7:30am – 9:00am – Birch Room
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Committee on Practice Advancement (COPA)

Thurs, March 12 th	1:00 – 2:00pm – Elm Room
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Secondary School Athletic Trainer Committee

Thurs, March 12 th	3:00pm – 4:00pm – Elm Room
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Governmental Affairs

Fri, March 13 th	10:30am – 11:30pm – Birch Room
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Research Committee

Fri, March 13 th	2:00pm – 3:00pm – Birch Room
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GLATA Conference Meeting area has FREE Wi-Fi – Network name – **glata2020**

(SP) – Student Program – This symbol indicates programming planned by the GLATA Student Senate to be of particular interest to students.

No individual should be denied participation in CE programs offered by the GLATA based on race, color, national origin, religion, sex, disability, military status, sexual orientation or age.

Mini Courses

Tuesday, March 10th

Mini Course A **ATs Care - ICISF "Assisting Individuals in Crisis" Workshop**

12:00pm – 8:00pm Tanya Marquez, MS, ATC, CSCS
 (13 CEU's) David Middlemas, EdD, ATC, CCISM

Birch Room

Early Bird \$200.00 – member - (Includes supplies) \$250.00 – non-member

2/16/20 – 3/6/20 \$225.00 – member \$275.00 – non-member

Onsite \$250.00 – member \$300.00 – non-member

*Pre-Workshop materials will be sent on February 25th that are required to be completed prior to the workshop date.

Wednesday, March 11th

Mini Course B **ATs Care - ICISF "Group Crisis Intervention" Workshop**

8:00am – 4:00pm David Middlemas, EdD, ATC, CCISM
 (14 CEUs) Tanya Marquez, MS, ATC, CSCS

Birch Room

Early Bird \$250.00 – member - (Includes supplies) \$300.00 – non-member

2/16/20 – 3/6/20 \$325.00 – member \$375.00 – non-member

Onsite \$350.00 – member \$400.00 – non-member

*Pre-Workshop materials will be sent on February 25th that are required to be completed prior to the workshop date.

Mini Course C **Emergency Response to Traditional & Non-Traditional Scenarios: Putting it All Together**

2:30pm – 9:00pm David Berry, Ph.D., MHA, ATC
 (6.5 EBP CEUs) Darryl Conway, MA, ATC
 Edward Strapp, FP-C/TP-C, NRP, ATC

Willow Room

Early Bird \$100.00 - member \$150.00 – non-member

2/16/20 – 3/6/20 \$125.00 – member \$175.00 – non-member

Onsite \$150.00 – member \$200.00 – non-member

Mini Course D **Evidence-Based Manual Therapy for Acute Ankle Sprains**

4:00pm – 6:30pm James Scifers, DScPT, PT, SCS, ATC
 (2.5 EBP CEUs) Elizabeth Ballard, DPT, PT, ATC

Ravinia Ballroom B

Early Bird \$65.00 – member \$115.00 – non-member

2/16/20 – 3/6/20 \$90.00 – member \$140.00 – non-member

Onsite \$115.00 – member \$165.00 – non-member

Mini Course E **Thrust Manipulation: An Evidence Based Approach to the Treatment of Non-Specific Neck Pain**

5:00pm – 9:00pm Eric Schneider, PT, MPT, OCS, CMTPT
 (4 EBP CEUs) Michael Obert, PT, MPT, OCS

Birch Room

Early Bird \$100.00 - member \$150.00 – non-member

2/16/20 – 3/6/20 \$125.00 – member \$175.00 – non-member

Onsite \$150.00 – member \$200.00 – non-member

Mini Course F7:00pm – 9:00pm
(2 CEUs)**Phlebotomy 101: A How-To Guide for Drawing Blood**

Andrea Cripps, PhD, ATC

Ravinia Ballroom B

Early Bird	\$80.00 - member - (Includes supplies)	\$130.00 – non-member
2/16/20 – 3/6/20	\$105.00 – member	\$155.00 – non-member
Onsite	\$130.00 – member	\$180.00 – non-member

Thursday, March 12th**Mini Course G**6:30pm – 8:30pm
(2 CEUs)**Stop The Bleed Training & Preparing for Large Participation Athletic Events**

Ryan Weible, MEd, ATC

Birch Room

Early Bird	\$70.00 - member - (Includes supplies)	\$120.00 – non-member
2/16/20 – 3/6/20	\$95.00 – member	\$145.00 – non-member
Onsite	\$120.00 – member	\$170.00 – non-member

Mini Course H6:30pm – 9:30pm
(NO CEUs)**American Heart Association CPR-PR Recertification - Healthcare Provider**

Matthew Marzullo, MEd, ATC

Steve Mayo, MS, ATC

Botanic Ballroom

Early Bird	\$25.00 – member	\$75.00 – non-member
2/16/20 – 3/6/20	\$50.00 – member	\$100.00 – non-member
Onsite	\$75.00 – member	\$125.00 – non-member

*Pre-Workshop materials will be sent on February 25th that are required to be completed prior to the workshop date.**Saturday, March 14th****Mini Course I**9:00am – 11:00am
(2 **EBP** CEUs)**Advancing Athletic Training Skills: Wound Closure**

Elizabeth Neil, PhD, ATC

Douglas Stevens, BA- PA-C

Birch Room

Early Bird	\$80.00 - member - (Includes supplies)	\$130.00 – non-member
2/16/20 – 3/6/20	\$105.00 – member	\$155.00 – non-member
Onsite	\$130.00 – member	\$180.00 – non-member

Mini Course J11:00am – 1:00pm
2 CEUs**Stop The Bleed Training & Preparing for Large Participation Athletic Events**

Ryan Weible, MEd, ATC

Birch Room

Early Bird	\$70.00 - member - (Includes supplies)	\$120.00 – non-member
2/16/20 – 3/6/20	\$95.00 – member	\$145.00 – non-member
Onsite	\$120.00 – member	\$170.00 – non-member

General Program

Thursday, March 12th

8:30am – 10:00am

Tough Conversations

Craig Voll, PhD, ATC

River Ballroom

SP

9:00am – 10:00am

**The Influence of alternative therapeutic techniques on managing pain:
Evidence for novel therapeutic techniques**

Brian Hertz, PhD, ATC

Ravina Ballroom ABC

Emergency Response Techniques - Clinical Skills Primer

Robert “BC” Charles-Liscombe, EdD, ATC

Jennifer Popp, EdD, ATC

Lake Michigan Ballroom

Working with the Type One Diabetic Athlete

Joseph Cuneen, MS Ed, ATC

Botanic Ballroom

10:00am – 6:00pm

Clinical Skills Practice

Robert “BC” Charles-Liscombe, EdD, ATC

Jennifer Popp, EdD, ATC

Course Description

Have you practiced your emergency response skills relative to these conditions? Do you have the tools available to simulate these conditions for your students and colleagues? Want to refresh your own knowledge of these EAP procedures? Come to the Skills Lab Primer and sign up for a time to practice in these 4 stations. Lab instructors will be available to assist with each station and lead participants through glucometer testing, insulin and glucagon injection; metered dose inhaler, spacers, nebulizers, peak flow meter use and asthma zone calculations; epinephrine auto injectors and oxygen administration; and naloxone administration and airway management for opioid overdose.

Skills stations available for practice, refinement and continuing education.

- **Heat Illness** - Using a task trainer, clinicians will be able to assess their knowledge and ability and practice the skills needed to assess core body temperature by inserting a flexible probe rectal thermometer necessary for ice immersion treatment and rapid reading semi-rigid thermometer.
- **Heart and Lung Sounds** - Using a mannequin and vital signs simulator, clinicians will be able to assess their knowledge and ability and practice the skills needed to detect normal and abnormal sounds using a stethoscope.
- **Eye, Ear, Nose and Throat Physical Examination** - Using task trainers and lab assistants, clinicians will be able to assess their knowledge and ability and practice the skills needed to conduct a physical examination of the eye, the ear, nose and throat using high and low cost ophthalmoscope/otoscope tools.
- **Basic Life Support** - Using task trainers, clinicians will be able to assess their knowledge and ability to establish an airway using OPA, NPA, and supraglottal airway adjuncts; administer supplemental oxygen via cannula, non-rebreather masks, and bag valve masks; and provide chest compressions at the recommended rate and depth.
- **Managing Hemorrhage** - Tourniquets, hemostatic agents, and suture practice pads.

Lab assistants will be available to guide participants in self-directed skills practice, multi-media resources will be available for review and instruction, and cost estimates and vendor supplies lists will be available for participants to support purchasing decisions for AT clinical settings.

Willow Room

- 9:30am – 10:30am **The Positive Results of Negative Work: Translating the Science of Eccentric Exercise into the Clinic** **SP**
Lindsey Lepley, PhD, ATC
River Ballroom
- 10:00am – 11:00am **NATA Lecture Series: Quality Improvement in Athletic Training**
Kenneth Games, PhD, ATC
Ravinia Ballroom ABC
- 10:00am – 1:00pm **GLATA Oral Free Communication Session**
Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes (10-minutes presentation, 5-minutes Q&A), which concludes with clinical/practical application. Professional oral presentations and student poster presentations are intermingled.
Moderators: TBD
Botanic Ballroom *
- 10:00am – 1:00pm **Leadership 2.0: Leading People, Managing Conflict, and Making Decisions**
Trevor Bates, DHSc, ATC
Darryl Conway, MA, ATC
Matt Kutz, PhD, ATC
Birch Ballroom
- 10:30am – 1:00pm **Exercise Associated Muscle Cramping: Causes, Treatment, and Prevention** **SP**
Kevin Miller, PhD, ATC
River Ballroom
- 11:00am – 12:00pm **An Introduction To Blood Flow Restriction Training: Exercising Under The Cuff**
Trent Cayot, PhD, CSCS, EP-C
Ravinia Ballroom ABC
- Secondary school student aides: Current trends and how we can improv**
Andrea Kovalsky, ATC
Lake Michigan Ballroom
- 12:00pm – 1:00pm **The Athletic Trainer's Duty to Report**
Michael Porters, MAT, ATC
Gretchen Schalbach, PhD, ATC
Ravinia Ballroom ABC
- From Business Plans to Outcomes and Reimbursement, How to Implement a Successful Specialty Program**
Travis Gallagher, ATC
Lake Michigan Ballroom

- 12:00pm – 1:00pm **Student Luncheon (Students Only)**
River Ballroom
- 1:00pm – 2:00pm **EBP - Lesbian, Gay, Bisexual, Transgender, and Queer Healthcare Experiences in Athletic Training**
Kristine Ensign, PhD, ATC
Emily Munson, ATC
Ravinia Ballroom ABC
- 2:00pm – 3:00pm **Improving running mechanics to address performance and injury prevention**
Denise Smith, PR, CMPT, RTS
Ravinia Ballroom ABC
- CAATE Update:**
LesLee Taylor, PhD, ATC
Lake Michigan Ballroom
- Current Management of Lumbar Spondylolysis in the Athlete**
Steve Mayer, MD
Botanic Ballroom
- 2:00pm – 3:30pm **Student Panel Career Roundtable** **SP**
River Ballroom
- 3:00pm – 4:00pm **Preparing for the Business of AT: Differentiating Yourself as a Healthcare Professional**
Trevor Bates, DHSc, ATC
Ravinia Ballroom ABC
- Propelling Us Forward: Supporting Athletic Training Legislation From Bill to Law**
Amy Brugge, EdD, ATC, CHDA
Lucas Dargo, DAT, ATC
Amy Hamiliton
Lake Michigan Ballroom
- Implementing an Electronic Medical Records System into Clinical Practice**
Nicole DeStefano, MS, ATC
Sarah Rowe, ATC
Botanic Ballroom
- 3:30pm – 5:00pm **GLATA Student AT Olympics** **SP**
Ryan Wilkinson, EdD, ATC, CSCS
River Ballroom
- 4:00pm – 5:00pm **EBP - Evaluation & Treatment of Upper Cervical Spine Dysfunction and Cervicogenic Headache**
James Scifers, DScPT, PT, SCS, ATC
Ravinia Ballroom ABC
- 5:00pm – 6:30pm **GLATA BUSINESS MEETING**
Ravinia Ballroom ABC

7:00pm – 9:00pm

EBP - MARCH Trauma Assessment: An Evidence Based Approach for implementing the MARCH assessment (Learning Lab)

David Berry, Ph.D., MHA, ATC
Darryl Conway, MA, ATC
Edward Strapp, FP-C/TP-C, NRP, ATC
Lake Michigan Ballroom

Friday, March 13th

7:30am – 8:30am

STATE MEETINGS

Illinois	Ravinia Ballroom ABC
Indiana	Lake Michigan Ballroom
Michigan	Botanic Ballroom
Minnesota	River Ballroom
Ohio	Birch Room
Wisconsin	Elm Room

8:30am – 2:00pm

EXHIBIT HALL OPENS

Ravinia Ballroom DEF

8:30am – 9:30am

EBP - Hamstrung by the Hamstrings? Simple Solutions for Complex Problems after ACL Reconstruction

Grant Norte, PhD, ATC, CSCS
Dave Sherman, DPT, ATC
Ravinia Ballroom ABC

8:30am – 10:00am

Concussion is Treatable. An Active Approach to Treating Concussion

SP

Randy Cohen, DPT, ATC
River Ballroom

9:30am – 10:30am

Pediatric Injuries

Tanner Flatland, MS, ATC
Ravina Ballroom ABC

NATA Foundation Lecture:

MOON-10 Year Results on ACL Reconstruction

Kurt Spindler, MD
Lake Michigan Ballroom



9:30am – 11:30pm

GLATA Oral Free Communication Session

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 15-minutes (10-minutes presentation, 5-minutes Q&A), which concludes with clinical/practical application. Professional oral presentations and student poster presentations are intermingled.

Moderator: TBD

Botanic Ballroom

10:00am – 11:00am

**Special Tests of the Shoulder and Knee:
Clinical Interpretation of Diagnostic Accuracy Values**

SP

Jenny Toonstra, PhD, ATC
River Ballroom

10:30am – 11:30pm

Shoulder Instability: In season and out of season considerations, surgical treatment and rehabilitation

Patrick Siparsky, MD
Ravinia Ballroom ABC

Social Determinants of Health & Adverse Childhood Experiences

Robert “BC” Charles-Liscombe, EdD, ATC
Lake Michigan Ballroom

11:00am – 12:00pm

**Maximizing Clinical Education:
An Athletic Training Student’s Guide to Success**

Connor Burton, DAT, ATC
Elizabeth Neil, PhD, ATC
River Ballroom

SP

11:30pm – 12:30pm

**Exhibit Break & Poster Session
Non- Certified Poster Presentations**
Botanic Ballroom Pre-Function area

12:30pm – 1:30pm

**Taylor Hooton Foundation
Appearance and Performance Enhancing Substances:
The Pressure to Perform**

Donald Hooton
Ravina Ballroom ABC



TAYLOR HOOTON

12:30pm – 1:30pm

**Interprofessional Standardized Patients Encounters:
Education at the Point of Care**

Matthew Rivera, DAT, ATC
Lindsey Eberman, PhD, ATC
Lake Michigan Ballroom

SP

Outside The Lines:

Identifying and Exploring Non-Traditional Athletic Training Practice Settings

David Nobel, MS, ATC
Jordan Shown, ATC
Botanic Ballroom

SP

1:30pm – 2:30pm

EBP - TBD

Randy Cohen, DPT, ATC
Ravinia Ballroom ABC

1:30pm – 3:30pm

GLATA Quiz Bowl

River Ballroom

2:30pm – 3:30pm

**EBP - Sleep Tactics for Better Athlete
Health & Performance**

Sponsored by Gatorade
TBD
Ravinia Ballroom ABC

GATORADE
THE SPORTS FUEL COMPANY

3:30pm – 5:00pm **Pinky Newell Talk**
Lee Rubin
Ravinia Ballroom ABC

GLATA Awards Presentation
Ravina Ballroom ABC

6:00pm – 8:00pm **NATAPAC Fundraiser**
Ravinia Ballroom DEF

8:00pm – 11:00pm **GLATA Social**
Ravinia Ballroom DEF

Saturday, March 14th

8:00am – 10:00am **EBP - Treatment of Foot and Ankle Dysfunction with Manual Therapy: Advanced Evidence-Based Techniques (Learning Lab)**
Ed Jones, PT, DHSc, OCS
Spencer Shore. SPT, ATC
Joshua Mosier SPT, ATC
Lake Michigan Ballroom

9:00am – 10:30am **Controlling Hemorrhaging and Managing Shock in the Prehospital Setting: A Practical Application Base (Learning Lab)** **SP**
David Berry, Ph.D., MHA, ATC
Darryl Conway, MA, ATC
Edward Strapp, FP-C/TP-C, NRP, ATC
River Ballroom

10:00am – 12:00pm **EBP – The Pelvic Girdle Guide: an Evidence Based Approach (Learning Lab)**
Erica Albertin. DAT, ATC, PES
Lake Michigan Ballroom

10:30am – 12:00pm **Demystifying the Low Back Evaluation (Learning Lab)** **SP**
Jeffrey Stein, ATC, PT, DPT
River Ballroom

Call for Presentation Proposals for the 2021 GLATA Annual Meeting and Symposium

March 10-13, 2021

Wheeling, IL

The Great Lakes Athletic Trainers' Association Education Committee is inviting proposals for professional presentations at the 2021 Annual Meeting and Symposium in Wheeling, IL, March 10-13, 2021. Athletic Trainers and affiliated professionals are encouraged to submit proposals for both general sessions and those that may qualify for the BOC's Evidence-based Practice (EBP) continuing education units (CEUs). Presentation formats for all sessions include: feature presentations, learning labs and mini-courses. Further descriptions and guidelines for both types of proposals are posted on the GLATA website under the Annual Meeting tab.

Presentation topics should address athletic training domain(s) beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. EBP foundational presentations should enhance the athletic trainer's understanding and implementation of EBP, while EBP clinical presentation should address the presentation topic using the best available evidence. In addition, if one's EBP presentation proposal is accepted by the GLATA, the author(s) must work with the GLATA Education Committee in securing BOC EBP course approval.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, and resources needed as well as a structured abstract (250 word limit; see website for format). Please note there is a specific application and proposal format for an EBP presentation. All proposals must be submitted electronically through the GLATA website [www.glata.org]. Mailed or faxed submissions will not be considered. Please contact Jessica Emlich Jochum, GLATA Education Committee Chair (jochumj@uindy.edu) regarding any questions. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by **May 1, 2020** for consideration.

	Length	# of Speakers	Format
Feature Presentation	1 hr	1-2 Speakers	Lecture only
Learning Lab	2 hrs total	1-2 Speakers + lab assistants	Lecture and lab combination
Mini-Courses	2-6 hrs pre/post conference (attendees register for additional CEUs)	1-2 Speakers + lab assistants	Speaker's choice of lecture, lab or combination

GLATA Award Winners: 2002 – 2019

Honorary Membership:

Elizabeth Arendt
Lou Belch
John Bergfeld
Gary Calabrese

Michael Collins
Gerry Detty
Joe Eagan
Scott Euype

David Fisher
Peter Hovorka
Beverly Knight
Brian Matix

Richard Parker
Paul Strandquist
Kenneth Zisholz

Outstanding Educator:

Gerald Bell
David Berry
Rebekah Bower
David Carrier
Lorin Cartwright
George Davies
Carrie Docherty
Lindsey Eberman
Jessica Emlich
Kenneth Games

Katie Grove
Laura Harris
Dorice Hankemeier
Brian Hatzel
Christopher Ingersoll
Scott Lawrance
Christine Lauber
Larry Leverenz
Malissa Martin
Heidi Matthews

Mark Merrick
Michael Miller
Sally Nogle
Jeff Oliphant
Kim Peer
William Pitney
Jennifer Popp
John Powell
Richard Ray
Gretchen Schlabach

John Schrader
Patrick Sexton
Renee Revis Shingles
Craig Voll
Stacy Walker
Jessica Wallace
Thomas Weidner
Andrew Winterstein
Alice Wilcoxson
Ryan Wilkinson

Dedicated Service:

Steve Allison
Gerald W. Bell
Ann Berry
Amy Brugge
Dale Burkhouse
Dan Campbell
Lorin Cartwright
Jessica Emlich
Christina Eyers
Kevin Gerlach
Mark Gibson
Gretchen Goodman
Katie Grove
Robert Gray

Amy Hamilton
Dawn Hammerschmidt
Chris Huot
Roger Kalisiak
Lisa Kluchurosky
Hollie Kozak
Gary Lake
Jan Lauer
Scott Lawrance
Larry Leverenz
Tory Lindley
Matt Marzullo
Michael Medich
Justin Miller

Brent Millikin
James Moore
Kari Odland
Allen Passerallo
Angela Perusek
Jill Ponzi
Dan Rasor
Richard Ray
Gary Reinholtz
Steve Risinger
Julie Rochester
Mark Schauer
Gretchen Schlabach
Lisa Schoene

Patrick Sexton
Brad Sherman
Renee Revis Shingles
Megan Streveler
Mark Stoessner
William Sullivan
Wayne Vaupel
Marion Vruggink
Craig Voll
Kerry Waple
Ryan Weible
Tom Weidner

Golden Pinnacle:

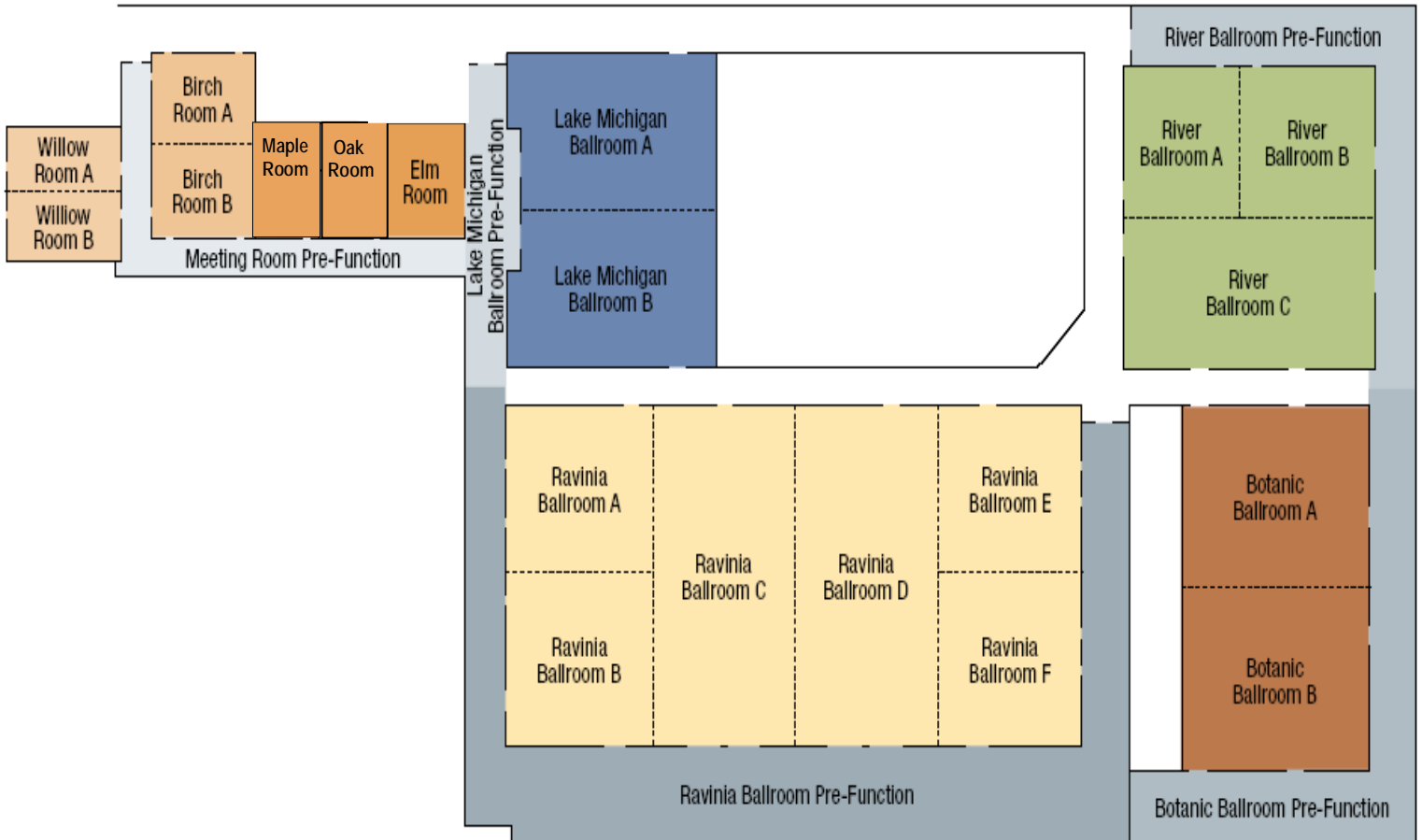
Marjorie Albohm
Robert Behnke
Gerald Bell
Ann Berry
Cynthia Booth
Lorin Cartwright
David Craig
Kent Falb
Tony Garofalo

Kevin Gerlach
Mark Gibson
Dale Googins
Gordon Graham
Robert Gray
Catherine Grove
William Hughes
Carol Humble
Roger Kalisiak

Gary Lake
Jan Lauer
Tory Lindley
Dennis Miller
Rod Moore
Paul Plummer
Richard Ray
Julie Rochester
John Schrader

Rick Shaw
Kip Smith
William Tessendorf
Marion Vruggink
Craig Voll
Tom Weidner
Jerry Whetstone

Westin Hotel Floor Plan



GLATA Future Meetings

- March 10-13, 2021 - The Westin Chicago North Shore
- March 9-12, 2022 - The Westin Chicago North Shore
- March 8-11, 2023 - The Westin Chicago North Shore
- March 13-16, 2024 - The Westin Chicago North Shore
- March 12-15, 2025 - The Westin Chicago North Shore
- March 11-14, 2026 - The Westin Chicago North Shore