# **Great Lakes Athletic Trainers' Association 52<sup>nd</sup> Annual Meeting and Symposium**



March 10<sup>th</sup>, 11<sup>th</sup> 12<sup>th</sup>, 13<sup>th</sup>, & 14<sup>th</sup>, 2020

The Westin Chicago North Shore

Wheeling, IL

9 CEUs & 11 EBP CEUs

ATHLETIC TRAINERS ASSOCIATION

"GLATA is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers."



\*Continuing Education Units' Statement of Credit will be distributed within 30 days following the meeting\*

#### **Registration Hours – Sponsored by ATHLETICO**

#### **Ravinia Ballroom Pre-Function Area**

 $\begin{array}{lll} \mbox{Wed, March } 11^{th} & 1:00\mbox{pm} - 5:00\mbox{pm} \\ \mbox{Thurs, March } 12^{th} & 8:00\mbox{am} - 3:30\mbox{pm} \\ \mbox{Fri, March } 13^{th} & 7:00\mbox{am} - 12:00\mbox{pm} \end{array}$ 



#### **Exhibit Hours**

Fri, March 13<sup>th</sup> 8:30am – 10:30am (Certified Only) 10:30am – 1:30pm (All Attendees)

#### **Committee Meetings**

**Executive Committee** 

Wed, March 11<sup>th</sup> 7:30am – 6:00pm – Lake Michigan A

**GLATA Student Senate** 

**Committee on Practice Advancement (COPA)** 

Thurs, March 12<sup>th</sup> 1:00pm – 2:00pm – Elm Room

**Critical Incident Stress Management (CISM)** 

Thurs, March 12<sup>th</sup> 7:30am – 9:00am – Birch Room

**Governmental Affairs** 

Fri, March 13<sup>th</sup> 10:30am – 11:30pm – Birch Room

**Research Committee** 

Fri, March 13<sup>th</sup> 2:00pm – 3:00pm – Birch Room

**Secondary School Athletic Trainer Committee** 

Thurs, March 12<sup>th</sup> 3:00pm – 4:00pm – Elm Room

Women in Leadership

Thurs, March 12<sup>th</sup> 8:30am – 9:30am – Birch Room

#### GLATA Conference Meeting area has FREE Wi-Fi - Network name - glata2020

**(SP)** – Student Program – This symbol indicates programming planned by the GLATA Student Senate to be of particular interest to students.

No individual should be denied participation in CE programs offered by the GLATA on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age.

#### Mini Courses

Tuesday, March 10th

Mini Course A ATs Care - ICISF "Assisting Individuals in Crisis" Workshop

12:00pm – 8:00pm
Tanya Marquez, MS, ATC, CSCS
(13 CEU's)
David Middlemas, EdD, ATC, CCISM

**Birch Room** 

\*Pre-Workshop materials will be sent on February 25<sup>th</sup> that are required to be completed prior to the workshop date.

Wednesday, March 11th

Mini Course B ATs Care - ICISF "Group Crisis Intervention" Workshop

8:00am – 4:00pm David Middlemas, EdD, ATC, CCISM (14 CEUs) Tanya Marquez, MS, ATC, CSCS

**Birch Room** 

\*Pre-Workshop materials will be sent on February 25<sup>th</sup> that are required to be completed prior to the workshop date.

Mini Course C Emergency Response to Traditional & Non-Traditional Scenarios:

**Putting it All Together** 

2:30pm – 9:00pm David Berry, Ph.D., MHA, ATC

(6.5 **EBP** CEUs) Darryl Conway, MA, ATC

Edward Strapp, FP-C/TP-C, NRP, ATC

Willow Room

Mini Course D Evidence-Based Manual Therapy for Acute Ankle Sprains

4:00pm – 6:30pm James Scifers, DScPT, PT, SCS, ATC (2.5 **EBP** CEUs) Robert "BC" Charles-Liscombe, EdD, ATC

Ravinia Ballroom B

Mini Course F Phlebotomy 101: A How-To Guide for Drawing Blood

7:00pm – 9:00pm Andrea Cripps, PhD, ATC

(2 CEUs)

Ravinia Ballroom B

Thursday, March 12th

Mini Course G Stop The Bleed Training & Preparing for Large Participation Athletic Events

6:30pm – 8:30pm Ryan Weible, MEd, ATC

(2 CEUs)
Birch Room

Mini Course H American Heart Association CPR-PR Recertification - Healthcare Provider

6:30pm – 9:30pm Matthew Marzullo, MEd, ATC

(NO CEUs) Steve Mayo, MS, ATC

\*Pre-Workshop materials will be sent on February 25<sup>th</sup> that are required to be completed prior to the workshop date.

Saturday, March 14th

Mini Course I Advancing Athletic Training Skills: Wound Closure

9:00am – 11:00am Elizabeth Neil, PhD, ATC (2 EBP CEUs) Kami Thews, DAT, ATC Douglas Stevens, BA- PA-C

### **General Program**

#### Thursday, March 12th

8:30am – 9:30am **Tough Conversations** 

Craig Voll, PhD, ATC

**River Ballroom** 

9:00am - 10:00am

The Influence of alternative therapeutic techniques on managing pain: Evidence for

<u>novel therapeutic techniques</u> Brian Hortz, PhD, ATC

Ravina Ballroom ABC

**Emergency Response Techniques - Clinical Skills Primer** 

Robert "BC" Charles-Liscombe, EdD, ATC

Jennifer Popp, EdD, ATC Lake Michigan Ballroom

**Working with the Type One Diabetic Athlete** 

Joseph Cunnane, MS Ed, ATC

**Botanic Ballroom** 

10:00am - 6:00pm

**Clinical Skills Practice** 

Robert "BC" Charles-Liscombe, EdD, ATC

Jennifer Popp, EdD, ATC

Course Description \*Need to attend 9:00am Emergency Response Techniques talk

Have you practiced your emergency response skills relative to these conditions? Do you have the tools available to simulate these conditions for your students and colleagues? Want to refresh your own knowledge of these EAP procedures? Come to the Skills Lab Primer and sign up for a time to practice in these 4 stations. Lab instructors will be available to assist with each station and lead participants through glucometer testing, insulin and glucagon injection; metered dose inhaler, spacers, nebulizers, peak flow meter use and asthma zone calculations; epinephrine auto injectors and oxygen administration; and naloxone administration and airway management for opioid overdose.

Lab assistants will be available to guide participants in self-directed skills practice, multimedia resources will be available for review and instruction, and cost estimates and vendor supplies lists will be available for participants to support purchasing decisions for AT clinical settings.

Skills stations available for practice, refinement and continuing education include:

- Diabetes Action Plan glucometer testing, insulin and glucagon injection;
- Asthma Action Plan metered dose inhaler, spacers, nebulizers, peak flow meter use and asthma zone calculations;
- Anaphylaxis Action Plan epinephrine auto injectors and oxygen administration;
- Drug Overdose Action Plan Naloxone administration and airway management

#### Willow Room

9:30am – 10:30am The Positive Results of Negative Work: Translating the Science of Eccentric

**Exercise into the Clinic** 

Lindsey Lepley, PhD, ATC

River Ballroom

10:00am – 11:00am NATA Lecture Series:

**Quality Improvement in Athletic Training** 

Kenneth Games, PhD, ATC

Ravinia Ballroom ABC

10:00am – 1:00pm GLATA Oral Free Communication Session

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application.

Moderators: Janet Simon, PhD, ATC, Chris M. Kuenze, PhD, ATC, and

Lisa Jutte, PhD, ATC

**Botanic Ballroom** 

Employer perceptions of newly credentialed athletic trainers as they transition to practice

Samantha Compton, MS, ATC, Franciscan Health

10:00am - 10:10am

**Teaching Concepts of Behavioral Health in Professional Athletic Training Programs** 

Sharon Feld, MS, ATC, Ball State University

Gordy Stoddard Research Assistant Award

10:10am - 10:20am

Adolescent Perceptions of Injury and Pressures of Returning to Sport

Jordan West, ATC, Indiana State University

10:20am - 10:30am

**Determining the Appropriate Selection of Athletic Training Preceptors** 

Jessica Rager, EdD, ATC, PES, University of Iowa

10:30am - 10:40am

**Emotional Intelligence Among Athletic Trainers** 

Ashley Harris, PhD, ATC, CSCS, Aurora University

10:40am - 10:50am

<u>Validity and Reliability of Knee, Hip, and Trunk Frontal Plane Kinematics in</u> Females with PFP

Brianna Kingston, MS, ATC, The University of Toledo

11:00am - 11:10am

<u>Limb Differences in Hamstring Muscle Function and Morphology 2-9 Years after</u> ACL Reconstruction

Justin Rush, MS, ATC, University of Toledo

11:10am - 11:20am

## Effect of Fatigue on Lumbopelvic-Hip Complex Muscle Activation and Lower Extremity Biomechanics

Erika Zambarano, MS, ATC, University of Toledo 11:20am – 11:30am

# Sensation and Balance Changes in Those with Chronic Ankle Instability follow Joint Mobilizations

Cameron Powden, PhD, ATC, University of Indianapolis 11:30am – 11:40am

## The Effect of Eccentric Exercise on Hamstrings Corticomotor Function among Individuals with ACLR

Dave Sherman, PT, DPT, ATC, University of Toledo 11:40 – 11:50am

## The Effect of Feedback on Learning Outcomes for Manual Therapy Skills: A Systematic Review

Isaac Chang, ATC, Indiana State University 12:00pm – 12:10pm

#### Effects of Self-Mobilizations and Clinician Mobilization at the Talocrural Joint

Connor Burton, DAT, ATC, Indiana State University 12:10pm – 12:20pm

# Accelerated Return to Play following a TI Endplate Compression Fracture in a Track Athlete: A Case Study

Adam Thompson, PhD, ATC, Indiana Wesleyan University 12:20pm – 12:30pm

# <u>Influence of Muscle Motor Point Identification on Quadriceps Function Following NMES</u>

Julie Melillo, MS, ATC, OTC, The University of Toledo *Thomas Weidner Research Assistance Award* 12:30pm – 12:40pm

# <u>The Evaluation of Joint Mobilization Dosage on Measures of Motion in Individuals with Decreased Dorsiflexion</u>

Jennifer Meyer, ATC, Chicago State University 12:40 – 12:50pm

10:00am – 1:00pm Leadership 2.0: Leading People, Managing Conflict, and Making Decisions

Trevor Bates, DHSc, ATC Darryl Conway, MA, ATC Matthew Kutz, PhD, ATC **Birch Ballroom** 

10:30am – 12:00pm Exercise Associated Muscle Cramping: Causes, Treatment, and Prevention

Kevin Miller, PhD, ATC River Ballroom

11:00am – 12:00pm An Introduction To Blood Flow Restriction Training: Exercising Under The Cuff

Trent Cayot, PhD, CSCS, EP-C

Ravinia Ballroom ABC

11:00am — 12:00pm	Secondary school student aides: Current trends and how we can improve Andrea Kovalsky, MS, ATC Lake Michigan Ballroom	
12:00pm — 1:00pm	The Athletic Trainer's Duty to Report Michael Porters, MAT, ATC Gretchen Schlabach, PhD, ATC Ravinia Ballroom ABC	
	Building a Business Case: Turn Your Idea Into a "Yes" Travis Gallagher, ATC Lake Michigan Ballroom	
	Student Luncheon River Ballroom	SP
1:00pm – 2:00pm	EBP - Lesbian, Gay, Bisexual, Transgender, and Queer Healthcare Experiences Kristine Ensign, PhD, ATC Emily Munson, ATC Ravinia Ballroom ABC	
2:00pm – 3:00pm	Understanding Running Mechanics to Reduce Injuries and Improve Performance Denise Smith, PR, CMPT, RTS Ravinia Ballroom ABC	<u>ce</u>
	CAATE Update: LesLee Taylor, PhD, ATC Lake Michigan Ballroom	
	Current Management of Lumbar Spondylolysis in the Athlete Steve Mayer, MD Botanic Ballroom	
2:00pm - 3:30pm	Student Panel Career Roundtable River Ballroom	SP
3:00pm – 4:00pm	Preparing for the Business of AT: Differentiating Yourself as a Healthcare Professional Trevor Bates, DHSc, ATC Ravinia Ballroom ABC	
	Propelling Us Forward: Supporting Athletic Training Legislation From Bill to L Amy Brugge, EdD, ATC, CHDA Lucas Dargo. DAT, ATC Amy Hamilton, MA, ATC Lake Michigan Ballroom	<u>aw</u>
3:00pm – 4:00pm	Implementing an Electronic Medical Records System into Clinical Practice Nicole DeStefano, MS, ATC Sarah Rowe, ATC Botanic Ballroom	
3:30pm – 5:00pm	GLATA Student AT Olympics	SP

River Ballroom

4:00pm – 5:00pm EBP - Evaluation & Treatment of Upper Cervical Spine Dysfunction and

**Cervicogenic Headache** 

James Scifers, DScPT, PT, SCS, ATC

Ravinia Ballroom ABC

5:00pm – 6:30pm GLATA BUSINESS MEETING

Ravinia Ballroom ABC

7:00pm – 9:00pm EBP - MARCH Trauma Assessment: An Evidence Based Approach for

implementing the MARCH assessment (Learning Lab)

David Berry, Ph.D., MHA, ATC

Darryl Conway, MA, ATC

Edward Strapp, FP-C/TP-C, NRP, ATC

Lake Michigan Ballroom

#### Friday, March 13th

7:30am – 8:30am **STATE MEETINGS** 

Illinois Ravinia Ballroom ABC
Indiana Lake Michigan Ballroom

Michigan Botanic Ballroom
Minnesota River Ballroom
Ohio Birch Room
Wisconsin Elm Room

8:30am – 2:00pm **EXHIBIT HALL OPENS** 

Ravinia Ballroom DEF

8:30am – 9:30am **EBP - Hamstrung by the Hamstrings? Simple Solutions for Complex Problems after** 

**ACL Reconstruction** 

Grant Norte, PhD, ATC, CSCS David Sherman, DPT, ATC Ravinia Ballroom ABC

8:30am – 10:00am Concussion is Treatable. An Active Approach to Treating Concussion

Randy Cohen, DPT, ATC

**River Ballroom** 

9:30am – 10:30am Commonly Misdiagnosed Injuries in the Pediatric/Adolescent Population

Tanner Flatland, MS, ATC Ravina Ballroom ABC

**NATA Foundation Lecture:** 

MOON-10 Year Results on ACL Reconstruction

Kurt Spindler, MD

Lake Michigan Ballroom



Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application. Moderators: David Bell, PhD, ATC, and Lindsey Eberman, PhD, ATC

**Botanic Ballroom** 

#### Experiences of AT & EMS students after participating in a mass casualty simulation

Stacey Gaven, PhD, ATC, University of Indianapolis

9:30am – 9:40am

#### **Diagnostic Accuracy of Ingestible Telemetric Thermometers in Measuring Core Body Temperature**

Chloe Deutsch, ATC, The College of Saint Scholastica 9:40am - 9:50am

#### Inter-Rater Reliability of a Pre-Season Observational Screening Assessment for **Scapular Dyskinesis**

Oliver Silverson, MS, ATC, University of Minnesota 9:50am - 10:00am

#### Athletic Trainer's Self-Efficacy and Knowledge in Screening Practices for **Disqualifying Conditions**

Louis Rusch, MSEd, ATC, Indiana State University 10:00am - 10:10am

#### Multidirectional Neck Strength Characteristics in High School Football Athletes with Concussion

Takashi Nagai, PhD, ATC, Mayo Clinic 10:10am - 10:20am

#### The Association between High School Cutting Policy and School Size with Sport **Specialization Status**

Mayrena Hernandez, MPH, ATC, University of Wisconsin-Madison 10:30am - 10:40am

#### Concussion Reporting Motivation in a Socioecological Context: The High School Athlete's Experience

Andrew Winterstein, PhD, ATC, University of Wisconsin-Madison 10:40am - 10:50am

#### Comparing High School Sport Specialization Trends between Division I and Club **Collegiate Athletes**

Kevin Biese, MA, ATC, University of Wisconsin-Madison 10:50am - 11:00am

#### Self-Reported Injury History and Health-Related Quality of Life in Collegiate **Skiing Athletes**

Timothy Andrews, ATC, NREMT, Indiana State University 11:00am – 11:10am

#### Parent's Competitiveness and High School Athlete's Sport Specialization: A Dyadic Analysis

Dee Warmath, PhD, University of Georgia 11:10am – 11:20am	
<b>Special Tests of the Shoulder and Knee:</b>	

<u>Clinical Interpretation of Diagnostic Accuracy Values</u> Jenny Toonstra, PhD, ATC

**River Ballroom** 

10:00am - 11:00am

10:30am – 11:30pm Shoulder Instability: In season and out of season considerations,

surgical treatment and rehabilitation

Patrick Siparsky, MD Ravinia Ballroom ABC

Social Determinants of Health & Adverse Childhood Experiences

Robert "BC" Charles-Liscombe, EdD, ATC

Lake Michigan Ballroom

11:00am – 12:00pm **Maximizing Clinical Education:** 

An Athletic Training Student's Guide to Success

Connor Burton, DAT, ATC Elizabeth Neil, PhD, ATC

**River Ballroom** 

11:30pm – 12:30pm Exhibit Break & Poster Session

**Certified Poster Presentations** 

**Botanic Ballroom Pre-Function area** 

Early Sport Specialization and Subjective Hip & Groin Dysfunction in Collegiate

**Ice Hockey Athletes** 

John Goetschius, PhD, ATC, Adrian College

Effects of Limb Weighting on Knee Joint Position Sense Measured with a

**Smartphone Inclinometer** 

Adam Haggerty, MSAT, OPE, Ohio University

Exertional Rhabdomyolysis in a High School Football Player Supplementing

**Creatine: Level 3 Case Study** 

Tanner Harned, MS, ATC, Cincinnati Children's Hospital

**Non-Certified Poster Presentations** 

**Botanic Ballroom Pre-Function area** 

Rehabilitation of UCL Sprains in Collegiate Baseball Player, a Validation Case

**Study** 

Dylan Paracka, Xavier University

Open Reduction and Internal Fixation for a Lisfranc Dislocation in a Collegiate

**Football Athlete** 

Allison Eavey, Purdue University

In Athletes with Depression, Does Bright Light Therapy, Compared to Alternative

**Treatments or No Therapy Improve Depressive Symptoms?** 

Garrett DeAngelis, Saginaw Valley State University

American Football Uniforms Cause Failures on the Heat Tolerance Test

Ethan Launstein, Central Michigan University

SP

## The Effects of an Underwater Treadmill in Individuals with an Incomplete Spinal Cord Injury

Taylor Novak, Purdue University

# Hepatic Adenomatosis in 26-year-old Female Runner: Level 4 Rare Events CASE Study

Amanda Monsivaes, Grand Valley State University

#### <u>Descriptive Profile of Palmar Tactile Sensitivity Among Collegiate Soccer</u> <u>Goalkeepers</u>

Allisa Gurtner, Franklin College

# <u>Sex Differences in Perceived Sport Demands and Sport Specialization in High School Athletes</u>

Amanda Fenton, University of Wisconsin-Madison

#### Sex differences in Passive and Active Stiffness of the Knee Flexor Muscles

Ryo Ueno, Mayo Clinic

#### Health Related Quality of Life in Division 3 Alumni

Brandon Boshaw, Franklin College

# <u>Contribution of Body Anthropomorphics to Rectal Temperature Cooling Rates in Hyperthermic Women</u>

Fallon Koenig, Central Michigan University

# <u>Vascular Occlusion in a Collegiate Football Player: Level 4 Rare Events CASE</u> study

Kay Couse, University of Indianapolis

#### <u>Singular Tibial Osteochondroma in a High School Cross Country Athlete: Level 4</u> Clinical CASE Study

Jaylynn Bean, Purdue University

# Shoulder Pain with a Clinical Impression of Thoracic Outlet Syndrome in a Female College Student

Amanda Krzyzanowski, Purdue University

# <u>Malrotated Left 5th Metacarpal Fracture in a College Football Player: A Level 4 Case Study</u>

Elise Bancroft, Grand Valley State University

#### <u>Cold Water Immersion vs Whole Body Cryotherapy on Decreasing Delayed-Onset</u> Muscle Soreness

Emily Sagstetter, Purdue University

# Assessing the Readability of Metered-Dose Inhaler and Epinephrine Auto-Injector Pinterest Pins

Elizabeth Holmes, Saginaw Valley State University

#### <u>Tillaux Fracture in a High School Football Player: Level 4 Rare Events CASE</u> Study

Nicholas Stevens, Grand Valley State University

#### Vertebral Fracture and Shoulder Subluxation post Seizure in Male Rugby Player

Madeleine Tobler, Miami University

#### Patent Foramen Ovale (PFO) in Collegiate Cross-Country Runner.

Lydia Wolferst, Miami University

#### <u>Complex Hyperextension Knee Injury in a High School Football Player:Level 4</u> Rare Events CASE Study

Emma Radke, Grand Valley State University

# <u>Commotio Cordis, Wolff-Parkinson-White, Long QT, or ST & T Wave Abnormality?</u>

Kristin Sondys, Miami University

#### Collegiate Heavyweight Men's Wrestler Unilateral Meniscus Double Retear

Brianne McHugh, Kent State University

#### **Inversion Ankle Sprain with Medial Talar Lesion in Competitive Gymnast**

Alexx Sikora, Miami University

#### Brachial Plexus/Erbs Palsy in Left Arm of a D1 Women's Lacrosse Player

Sydney Wysmierski, Kent State University

## An Evaluation of the Accuracy and Best Design Practices of Pinterest Epinephrine Auto-Injector Pins

Jessica Hafner, Saginaw Valley State University

## <u>An Evaluation of Pinterest Pins Related to Metered-Dose Inhalers: A Content Analysis</u>

Brady Aboussleman, Saginaw Valley State University

#### Efficacy of Pilates-based Exercises in the Treatment of Non-Specific Low Back Pain

Claire Woebke, The College of Saint Scholastica

## <u>Diagnostic Accuracy of Special Tests Items Cluster Versus MRI in Detecting Meniscal Pathology</u>

Ashley Qualley, The College of Saint Scholastica

#### 12:30pm – 1:30pm **Taylor Hooton Foundation**

#### **Appearance and Performance Enhancing Substances:**

#### The Pressure to Perform

Donald Hooton

**Ravina Ballroom ABC** 



#### 12:30pm – 1:30pm <u>Interprofessional Standardized Patients Encounters:</u>

**Education at the Point of Care** 

Lindsey Eberman, PhD, ATC Matthew Rivera, DAT, ATC

Lake Michigan Ballroom

#### 12:30pm – 1:30pm Outside The Lines:

SP

SP

#### **Identifying and Exploring Non-Traditional Athletic Training Practice Settings**

David Nobel, MS, ATC Jordan Shown, ATC

**Botanic Ballroom** 

#### 1:30pm – 2:30pm **EBP – Integrating Neuro-mechanical Measures into Concussion &**

**Orthopedic Rehab** 

Randy Cohen, DPT, ATC Ravinia Ballroom ABC **GLATA Quiz Bowl** 1:30pm - 3:30pm**Sponsored by Mueller River Ballroom** 2:30pm - 3:30pmEBP – Evidence for the benefit of dietary supplements for team sport athletes **Sponsored by Gatorade** Linda Samuels, MS, RD, CSSD, LDN Ravinia Ballroom ABC 3:30pm - 5:00pm**Pinky Newell Talk** "5 Components of Extraordinary Teams" Lee Rubin Ravinia Ballroom ABC **GLATA Awards Presentation** Ravina Ballroom ABC NATAPAC Fundraiser 6:00pm - 8:00pmRavinia Ballroom DEF 8:00pm - 11:00pm**GLATA Social** Ravinia Ballroom DEF Saturday, March 14th 8:00am - 10:00am EBP - Treatment of Foot and Ankle Dysfunction with Manual Therapy: Advanced **Evidence-Based Techniques (Learning Lab)** Ed Jones, PT, DHSc, OCS Joshua Mosier SPT, ATC Spencer Shore. SPT, ATC Lake Michigan Ballroom 9:00am - 10:30am Controlling Hemorrhaging and Managing Shock in the Prehospital Setting: SP A Practical Application Base (Learning Lab) David Berry, Ph.D., MHA, ATC Darryl Conway, MA, ATC Edward Strapp, FP-C/TP-C, NRP, ATC River Ballroom EBP – The Pelvic Girdle Guide: an Evidence Based Approach (Learning Lab) 10:00am - 12:00pm Erica Albertin. DAT, ATC, PES

**Demystifying the Low Back Evaluation (Learning Lab)** 

Lake Michigan Ballroom

Jeffrey Stein, ATC, PT, DPT

**River Ballroom** 

10:30am - 12:00pm

# Call for Presentation Proposals for the 2021 GLATA Annual Meeting and Symposium

#### March 10-13, 2021 Wheeling, IL

The Great Lakes Athletic Trainers' Association Education Committee is inviting proposals for professional presentations at the 2021 Annual Meeting and Symposium in Wheeling, IL, March 10-13, 2021. Athletic Trainers and affiliated professionals are encouraged to submit proposals for both general sessions and those that may qualify for the BOC's Evidence-based Practice (EBP) continuing education units (CEUs). Presentation formats for all sessions include: feature presentations, learning labs and mini-courses. Further descriptions and guidelines for both types of proposals are posted on the GLATA website under the Annual Meeting tab.

Presentation topics should address athletic training domain(s) beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. EBP foundational presentations should enhance the athletic trainer's understanding and implementation of EBP, while EBP clinical presentation should address the presentation topic using the best available evidence. In addition, if one's EBP presentation proposal is accepted by the GLATA, the author(s) must work with the GLATA Education Committee in securing BOC EBP course approval.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, and resources needed as well as a structured abstract (250 word limit; see website for format). Please note there is a specific application and proposal format for an EBP presentation. All proposals must be submitted electronically through the GLATA website [www.glata.org]. Mailed or faxed submissions will not be considered. Please contact Jessica Emlich Jochum, GLATA Education Committee Chair (jochumj@uindy.edu) regarding any questions. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by May 1, 2020 for consideration.

	Length	# of Speakers	Format
Feature Presentation	1 hr	1-2 Speakers	Lecture only
Learning Lab	2 hrs total	1-2 Speakers + lab assistants	Lecture and lab combination
Mini-Courses	2-6 hrs pre/post conference (attendees register for additional CEUs)	1-2 Speakers + lab assistants	Speaker's choice of lecture, lab or combination

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# Great Lakes Athletic Trainers' Association 2020 Award Winners

#### **Outstanding Educator Award**

Mathew Kutz, PhD, ATC, CSCS, CES

#### **Dedicated Service Award**

Trevor Bates, DHSc, ATC Perry Denehy, MEd, ATC Neal Dutton, MS, ATC

#### **GLATA Student Senate Preceptor of the Year**

Cody Hartz MA, LAT, ATC

#### **Public Relations Contest Winner**

Greater Cincinnati Athletic Trainers Association

#### **Research Award Recipients:**

#### **Thomas Weidner Research Assistance Award**

Caroline Lisee, MEd, ATC - Michigan State University "Quality and Quantity of Knee Joint Loading in Post-Traumatic Osteoarthritis Development"

#### **Robert Behnke Research Assistance Award**

Sharon Feld, MS, ATC - Ball State University

"Teaching Concepts of Behavioral Health in Professional Athletic Training Programs"

#### **Gordy Stoddard Research Assistant Award**

Grant Norte, PhD, ATC, CSCS - The University of Toledo

"Does a 4-Week Nordic Hamstring Exercise Protocol Influence Hamstrings Muscle Volumes in patients after ACL Reconstruction"

#### GLATA Award Winners: 2002 – 2019

#### Honorary Membership:

Elizabeth Arendt Michael Collins David Fisher Richard Parker
Lou Belch Gerry Detty Peter Hovorka Paul Strandquist
John Bergfeld Joe Eagan Beverly Knight Kenneth Zisholz
Gary Calabrese Scott Euype Brian Matix

#### Outstanding Educator:

Katie Grove Mark Merrick John Schrader Gerald Bell **David Berry** Laura Harris Michael Miller Patrick Sexton Rebekah Bower Dorice Hankemeier Sally Nogle Renee Revis Shingles Jeff Oliphant **David Carrier** Brian Hatzel Craig Voll Stacy Walker Lorin Cartwright Christopher Ingersoll Kim Peer George Davies Scott Lawrance William Pitney Jessica Wallace Carrie Docherty Jennifer Popp Thomas Weidner Christine Lauber Lindsey Eberman Larry Leverenz John Powell Andrew Winterstein Jessica Emlich Malissa Martin Alice Wilcoxson Richard Ray Heidi Matthews Gretchen Schlabach Kenneth Games Ryan Wilkinson

#### **Dedicated Service:**

Steve Allison Amy Hamilton Brent Millikin Patrick Sexton Gerald W. Bell Dawn Hammerschmidt James Moore **Brad Sherman** Ann Berry Chris Huot Kari Odland Renee Revis Shingles Amy Brugge Roger Kalisiak Allen Passerallo Megan Streveler Dale Burkhouse Lisa Kluchurosky Angela Perusek Mark Stoessner Dan Campbell Hollie Kozak Jill Ponzi William Sullivan Lorin Cartwright Gary Lake Dan Rasor Wayne Vaupel Jessica Emlich Jan Lauer Marion Vruggink Richard Ray Christina Eyers Scott Lawrance Gary Reinholtz Craig Voll Kevin Gerlach Steve Risinger Kerry Waple Larry Leverenz Julie Rochester Ryan Weible Mark Gibson Tory Lindley Gretchen Goodman Matt Marzullo Mark Schauer Tom Weidner Michael Medich Gretchen Schlabach Katie Grove

#### Golden Pinnacle:

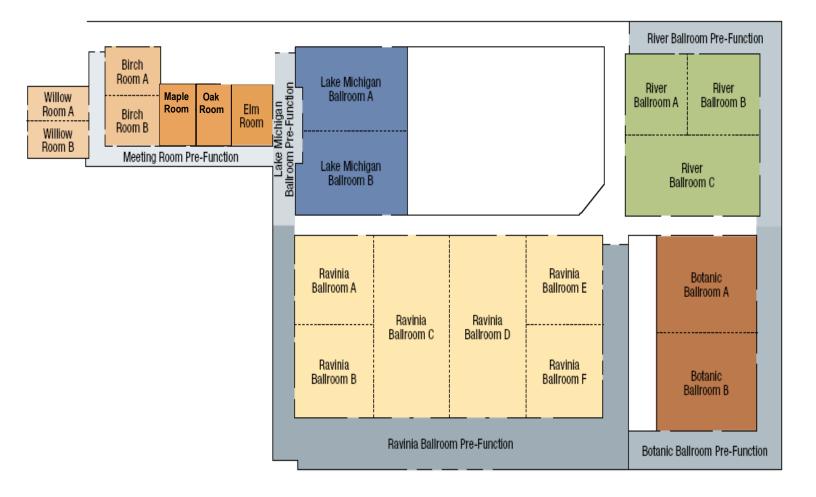
Lisa Schoene

Justin Miller

Robert Grav

Marjorie Albohm Kevin Gerlach Gary Lake Rick Shaw Robert Behnke Mark Gibson Jan Lauer Kip Smith Gerald Bell **Dale Googins** Tory Lindley William Tessendorf Dennis Miller Ann Berry Gordon Graham Marion Vruggink Rod Moore Craig Voll Cynthia Booth Robert Gray Lorin Cartwright Catherine Grove Paul Plummer Tom Weidner David Craig William Hughes Richard Ray Jerry Whetstone Kent Falb Carol Humble Julie Rochester John Schrader Tony Garofalo Roger Kalisiak

#### Westin Hotel Floor Plan



### **GLATA Future Meetings**

March 10-13, 2021 - The Westin Chicago North Shore March 9-12, 2022 - The Westin Chicago North Shore March 8-11, 2023 - The Westin Chicago North Shore March 13-16, 2024 - The Westin Chicago North Shore March 12-15, 2025 - The Westin Chicago North Shore March 11-14, 2026 - The Westin Chicago North Shore