

## **Title: Risk Management & Emergency & Crisis Preparedness in Sports Medicine**

**Speaker(s): Darryl Conway, Edward Strapp**

### **Abstract:**

Risk management, emergency action planning, and catastrophic and crisis management planning are not skills that are critically examined and/or routinely rehearsed by most athletic trainers and/or athletic administrators. When a critical event occurs, the athletic trainers are oftentimes the first medical providers on the scene and must be knowledgeable and skilled in managing these emergent situations. However, cognitive knowledge of the clinical aspects of the emergency situation is not the only necessary prerequisite. Athletic trainers must be knowledgeable and skilled in managing the various administrative aspects of emergency and crisis situations as well. Athletic trainers must also fully understand the role of and interrelatedness of emergency triage procedures, incident command procedures, and the inter-disciplinary healthcare team approach for preparing for and managing the various emergency and crisis situations that occur. This presentation and learning lab will review aspects of risk management, emergency action planning, and catastrophic & crisis management planning principles for sports medicine personnel. The session will also discuss the basics of triage, scene management, and how a pre-hospital interdisciplinary healthcare team works collaboratively to improve patient outcomes. Participants will work through scenario-based practical sessions to demonstrate the proper sequence and implementation of critical decision-making skills.

### **Learning Objectives:**

1. Identify & discuss the current NATA and other recommendations regarding the emergency action planning & catastrophic & crisis management planning.
2. Discuss risk management, catastrophic injury planning, & crisis management principles.
3. Identify the role(s), characteristics, indications, contraindications, and precautions for managing the entire scene by implementing a triage system in a crisis situation.

Domain: Domain 1 Injury/Illness Prevention and Wellness Promotion, Domain 2 Examination, Assessment and Diagnosis, Domain 3 Immediate and Emergency Care, Domain 5 Healthcare Administration and Professional Responsibility

Level of Difficulty: Advanced