

Great Lakes Athletic Trainers' Association

55th Annual Meeting and Symposium



GREAT LAKES

ATHLETIC TRAINERS ASSOCIATION

March 9th, 10th, 11th & 12th 2022

The Westin Chicago North Shore

Wheeling, IL

20 CEUs

"GLATA is approved by the Board of Certification, Inc.
to offer continuing education for Certified Athletic Trainers."

***Continuing Education Units' Statement of Credit
will be distributed within 30 days following the meeting***



Registration Hours

Ravinia Ballroom Pre-Function Area

Wed, March 9 th	1:00pm – 5:00pm
Thurs, March 10 th	8:00am – 3:30pm
Fri, March 11 th	7:00am – 12:00pm

Exhibit Hours

Fri, March 11 th	8:30am – 10:30am (Certified Only)
	10:30am – 1:30pm (All Attendees)

Committee Meetings

Executive Committee

Wed, March 9 th	7:30am – 6:00pm – Lake Michigan A
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Critical Incident Stress Management (CISM)

Thurs, March 10 th	7:30am – 9:00am – Birch Room
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Women in Leadership

Thurs, March 10 th	8:30am – 9:30am – Birch Room
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Secondary School Athletic Trainer Committee

Thurs, March 10 th	4:00pm – 5:00pm – Birch Room
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Research Committee

Fri, March 11 th	2:00pm – 3:00pm – Birch Room
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GLATA Conference Meeting area has FREE Wi-Fi – Network name – glata2022

No individual should be denied participation in CE programs offered by the GLATA on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age.

Mini Courses

Wednesday, March 9th

Mini Course **Introduction to Dry Needling for Clinical Practice**

5:00pm – 9:00pm Brian Hartz, PhD, ATC, SFDN, ITAT

(4 CEUs) Meg Frens, MS ATC

Birch Room

*Pre-Workshop materials will be sent on February 25th that are required to be completed prior to the workshop date.

Thursday, March 10th

Mini Course **American Heart Association CPR-PR Recertification - Healthcare Provider**

6:30pm – 9:30pm Matthew Marzullo, MEd, ATC

(NO CEUs) Steve Mayo, MS, ATC

Birch Room

*Pre-Workshop materials will be sent on February 25th that are required to be completed prior to the workshop date.

Saturday, March 12th

Mini Course **Managing the unknown, The Athletic Trainer's Role in a Mass Casualty Event**

8:00am – 11:00am Darryl Conway, MA, ATC

(3 CEUs) Edward Strapp, FP-C, NRP, ATC

Birch Room

General Program

Thursday, March 10th

9:00am – 12:00pm

GLATA Oral Free Communication Session

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application.

Moderators:

Botanic Ballroom

9:00am – 11:00am

NATA Shared Professional Values (PV): Learning to recognize shared PV in professional practice (Learning Lab)

Kimberly Peer, PhD, ATC

Gretchen Schlabach, PhD, ATC

Lake Michigan Ballroom

9:00am – 10:00am

Caring for Pregnant and Postpartum Athletes

Stephanie Born, PhD, CSCS, CPT, Pn2

Alyssa M Matejka, DAT, ATC

Ravina Ballroom ABC

10:00am – 11:00am

Mental Health Concerns in Children and Adolescents: Screening Implementations and Impact of Injury

Julie Young, ATC, PES

Ravina Ballroom ABC

11:00am – 1:00pm

MARCH Trauma Assessment: An Evidence Based Approach for implementing START Triage, with the MARCH assessment (Learning Lab)

Darryl Conway, MA, ATC

Edward Strapp, FP-C/TP-C, NRP, ATC

Lake Michigan Ballroom

11:00am – 12:00pm

Dry Needling for Pain Management: Mechanisms and Evidence

Brian Hertz, PhD, ATC, SFDN, ITAT

Ravina Ballroom ABC

12:00pm – 1:00pm

Prescribing “Rest”: How to Optimize Recovery

Sponsored by Gatorade

Lisa Heaton, MS, RD, CSSD

Ravina Ballroom ABC

GATORADE
THE SPORTS FUEL COMPANY

1:00pm – 5:00pm

CECAT Quiz Bowl

Career Roundtable and Social Networking

Botanic Ballroom

1:00pm – 3:00pm

Musculoskeletal Ultrasound: Diving Deep for Injury Assessment (Learning Lab)

Erica Miller-Spears, PA-C, ATC, RMSK

Lake Michigan Ballroom

1:00pm – 2:00pm

Cardiovascular effect of COVID-19

Jeffrey Mjaanes, MD

Ravina Ballroom ABC

- 2:00pm – 3:00pm **Implementing an EMR in Clinical Practice**
Nicole DeStefano, MS, ATC
Sarah Rowe, ATC
Ravinia Ballroom ABC
- 3:00pm – 5:00pm **Impairment Based Rehabilitation Paradigms and the Use of Outcomes to Make Clinical Decisions (Learning Lab)**
Stacey Gaven, PhD, ATC
Cameron Powden, PhD, ATC
Lake Michigan Ballroom
- 3:00pm – 4:00pm **Peer-to-Peer Support Following a Crisis: The Pandemic is a Crisis**
Tanya Marquez, MS, ATC, CCISM
Ravinia Ballroom ABC
- 4:00pm – 5:00pm **Taylor Hooton Foundation**
Appearance and Performance Enhancing Substances:
The Pressure to Perform
Brian Parker
Ravinia Ballroom ABC
- 5:00pm – 6:30pm **GLATA BUSINESS MEETING**
Ravinia Ballroom ABC
- 7:00pm – 9:00pm **Clinical Data You Can Use: Visualizing Patient Data in Microsoft Excel (Learning Lab)**
David Bell, PhD, ATC
Christopher Kuenze, PhD, ATC
Lake Michigan Ballroom



Friday, March 11th

- 7:30am – 8:30am **STATE MEETINGS**
Illinois **Ravinia Ballroom ABC**
Indiana **Lake Michigan Ballroom**
Michigan **Botanic Ballroom**
Minnesota **River Ballroom**
Ohio **Birch Room**
Wisconsin **Elm Room**
- 8:30am – 2:00pm **EXHIBIT HALL OPENS**
Ravinia Ballroom DEF
- 8:30am – 10:30am **Developing and Implementing Onboarding Best Practices (Learning Lab)**
Candice Dunkin MS, ATC
Laura Harris, PhD, ATC
Lake Michigan Ballroom
- 8:30am – 9:30am **How to determine when an athlete needs hip arthroscopy and what can they expect?**
Geoffrey Van Thiel, MD, MBA
Ravina Ballroom ABC

9:30am – 10:30am	<u>Lifespan Considerations for the Patellofemoral Joint: Preventing & Managing PFP & Osteoarthritis</u> David Bazett-Jones, PhD, ATC, CSCS Grant Norte, PhD, ATC, CSCS Ravina Ballroom ABC
10:30am – 11:30pm	<u>Preparing for an MCI Event, Understanding an Athletic Trainers Roll in Triage and Scene Management</u> Darryl Conway, MA, ATC Edward Strapp, FP-C/TP-C, NRP, ATC Ravinia Ballroom ABC
11:30pm – 12:30pm	<u>Exhibit Break & Poster Session</u> <u>Certified Poster Presentations</u> Botanic Ballroom
12:30pm – 3:30pm	<u>Leadership 4.0:</u> Trevor Bates, DHSc, ATC Angela Beisner, MS, ATC Darryl Conway, MA, ATC Matthew Kutz, PhD, ATC Lake Michigan Ballroom
12:30pm – 1:30pm	<u>Advancing Diversity, Equity, Inclusion, and Access (DEIA) Through Evidence-Based Decision Making</u> Jenny Toonstra, PhD, ATC Jeff Williams, PhD, ATC Ravinia Ballroom ABC
1:30pm – 2:30pm	<u>The Surprising Hydration Properties of Milk And The Science Behind a Sports Drink Made With Electrolytes and Carbohydrates Extracted From Milk</u> Bob Murray, PhD, FACSM Ravinia Ballroom ABC
2:30pm – 3:30pm	<u>COVID and the Athletic Trainer: Psychological Implications on the Practice of Athletic Training</u> Aaron Sage, MA, ATC Jason Smith, DO Ravinia Ballroom ABC
2:30pm – 3:30pm	<u>Pinky Newell Talk</u> "5 Components of Extraordinary Teams" Lee Rubin Ravinia Ballroom ABC GLATA Awards Presentation Ravina Ballroom ABC

Saturday, March 12th

8:00am – 9:00am

TBD

Lake Michigan Ballroom

9:00am – 12:00pm

Safe Space Ally Training

Lorin Cartwright, MS, ATC

Sean Rogers, DAT, ATC

Lake Michigan Ballroom

Call for Presentation Proposals for the 2023 GLATA Annual Meeting and Symposium

March 8-11, 2023

Wheeling, IL

The Great Lakes Athletic Trainers' Association Education Committee is inviting proposals for professional presentations at the 56th GLATA Annual Meeting and Symposium in Wheeling, IL, March 8-11, 2023. Athletic Trainers and affiliated professionals are encouraged to submit proposals for feature presentations, learning labs and mini-courses. Further descriptions and proposal guidelines proposals are posted on the GLATA website under the Annual Meeting tab.

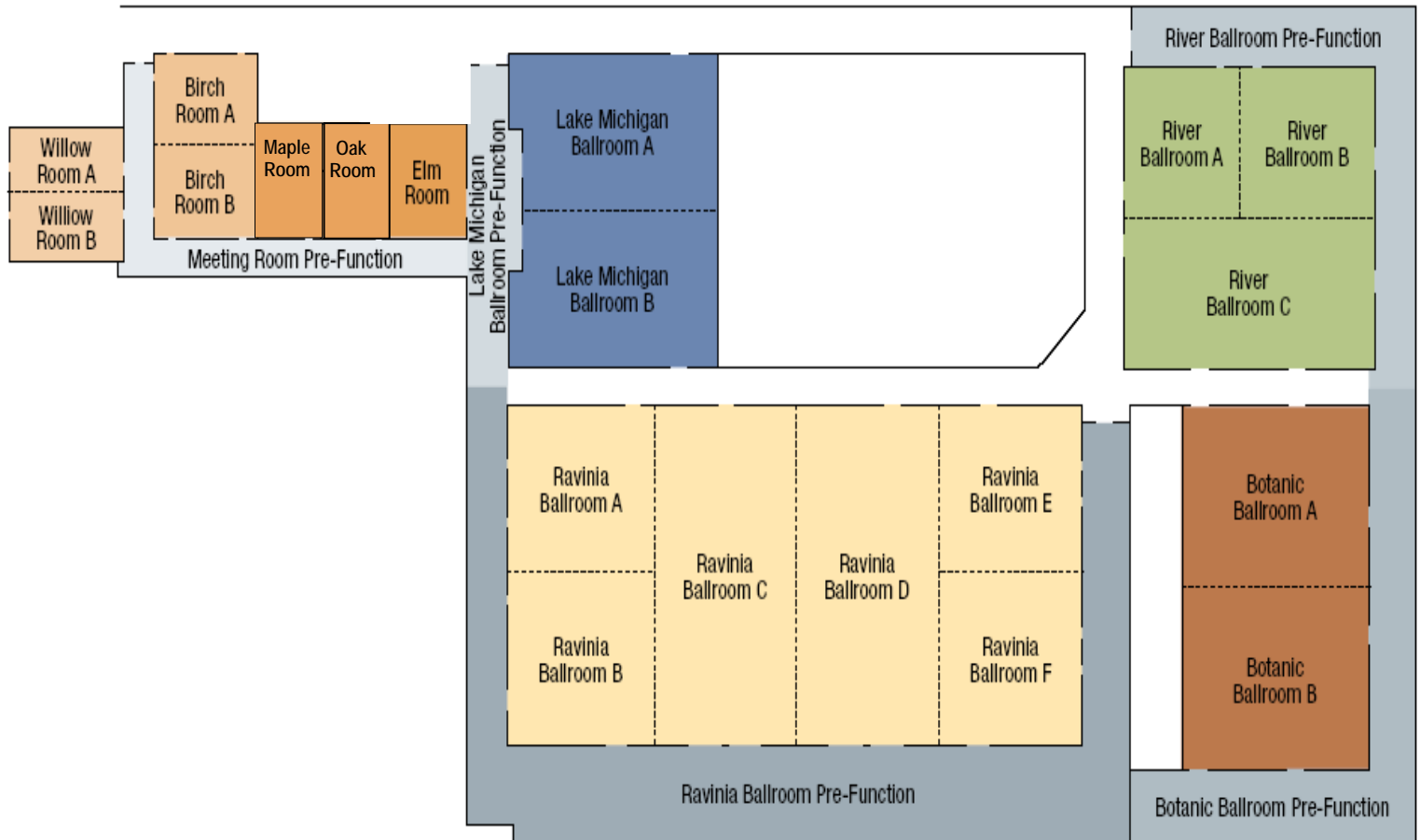
Presentation topics should address athletic training domain(s) of practice beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. Proposal submissions must avoid any affiliation with a commercial product or service.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, practice gap addressed, citations as well as a structured abstract (250 word limit; see website for format). All proposals must be submitted electronically through the GLATA website [www.glata.org]. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by **June 1, 2022** for consideration.

	Length	# of Speakers	Format
Feature Presentation	1 hr	1-2 Speakers	Lecture only
Learning Lab	2 hrs total	1-2 Speakers + lab assistants	Lecture and lab combination
Mini-Courses	2-6 hrs pre/post conference (attendees register for additional CEUs)	1-2 Speakers + lab assistants	Speaker's choice of lecture, lab or combination

Westin Hotel Floor Plan



GLATA Future Meetings

March 8-11, 2023 - The Westin Chicago North Shore

March 13-16, 2024 - The Westin Chicago North Shore

March 12-15, 2025 - The Westin Chicago North Shore

March 11-14, 2026 - The Westin Chicago North Shore