

Great Lakes Athletic Trainers' Association

57th Annual Meeting and Symposium



GREAT LAKES

ATHLETIC TRAINERS ASSOCIATION

March 14th, 15th & 16th 2024

The Westin Chicago North Shore

Wheeling, IL

23 CEUs

“GLATA is approved by the Board of Certification, Inc.
to offer continuing education for Certified Athletic Trainers.”



***Continuing Education Units' Statement of Credit
will be distributed within 30 days following the meeting***

Registration Hours

Ravinia Ballroom Pre-Function Area

Wed, March 13 th	3:00pm – 6:00pm
Thurs, March 14 th	7:00am – 4:30pm
Fri, March 15 th	7:00am – 3:30pm
Sat, March 16 th	7:00am – 9:00am

Exhibit Hours

Fri, March 15 th	9:00am – 1:30pm
-----------------------------	-----------------

Committee Meetings

Executive Committee

Wed, March 13 th	7:30am – 6:00pm – Lake Michigan A
-----------------------------	-----------------------------------

Critical Incident Stress Management (CISM)

Thurs, March 14 th	8:00am – 12:00pm – Birch Room
-------------------------------	-------------------------------

* Open to all current ATs Care State Team Members

Women in Leadership

Thurs, March 14 th	8:00am – 9:00am – Elm Room
-------------------------------	----------------------------

Secondary School Athletic Trainer Committee

Thurs, March 14 th	4:00pm – 5:00pm – Elm Room
-------------------------------	----------------------------

Research Committee

Fri, March 15 th	2:00pm – 3:00pm – Elm Room
-----------------------------	----------------------------

GLATA Conference Meeting area has FREE Wi-Fi – Network name – glata2024

No individual should be denied participation in CE programs offered by the GLATA on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation, gender identity or age.

Mini Courses

Thursday, March 14th

Mini Course A **Myofascial Manual Therapy Interventions**
10:00am – 2:00pm Jessica Keller, DAT, ATC
(4 CEUs) Adam Thompson, PhD, ATC
Birch Room

Mini Course B **Cupping Therapy Practices and Applications in Athletic Training**
2:00pm – 5:00pm Anna Linstedt, ATC
(4 CEUs) Traci Tauferner, ATC, CSCS, PES, MCTP
Birch Room

Mini Course C **American Heart Association CPR-PR Recertification - Healthcare Provider**
7:00pm – 9:30pm Matthew Marzullo, MEd, ATC
(NO CEUs) Steve Mayo, MS, ATC
Birch Room

*Pre-Workshop materials will be sent on February 25th that are required to be completed prior to the workshop date.

Friday, March 15th

Mini Course D **Manual Therapy for the Spine – Thrust and Non-thrust Techniques**
8:45am – 10:45am Brian Farr, MA, ATC, CSCS
(2 CEUs) Kelvin Phan, MEd, ATC NASM-PES
Birch Room Aric Warren, PhD, ATC
Antigone Vesci, DPT

Mini Course E **Enhancing Emergent Care in Athletic Training: Wound Closure**
1:15pm – 3:15pm Shannon Hamilton, DAT, ATC
(2 CEUs) Elizabeth Neil, PhD, ATC
Birch Room

General Program

Wednesday, March 13th

7:00pm – 9:00pm **Building Soft Skills to Have Hard Conversations: Initiating Conversations with Athletes about Their Mental Health LL**
Kristen Hoff, PsyD, LP, CMPC®
Ravina Ballroom B

Thursday, March 14th

7:30am – 8:30am **Concussion History, Musculoskeletal Injury, and Future Disability: What is the Correlation?**
Tyler Wood, PhD, ATC
Ravina Ballroom ABC

7:30am – 8:30am **Understanding Stereotype Threat, Deficit Thinking and Bias in Athletic Training**
Michael Martinez, MS, ATC
Audric Warren, MS, ATC
Lake Michigan Ballroom

8:45am – 9:45am **Pinky Newell Talk**
Gender Equity - Strategies & Tools to Level the Playing Field
Marjorie J. Albohm, MS, ATC-R
Trevor Bates, DHSc, ATC
Ravina Ballroom ABC

10:00am – 1:00pm **GLATA Oral Free Communication Session**
Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application.

10:00am – 12:15pm **Athletic Trainers as Advocates: Recognizing Mental Health Challenges & Providing Appropriate Resources & Referral - Learning Lab**
Alyssa S. Anderson, PhD, ATC
Jessica L. Huett, EdD, ATC, PED, CES
Lake Michigan Ballroom

10:00am – 11:00am **Agony with Ambulation: A Curious Case of Lower Leg Pain**
David Heath, DO, DAT, ATC, FAAEM, FACEP, FACOEP
Ravina Ballroom ABC

11:15am – 12:15pm **“With” vs. “For”: The Importance of Context in Professional Working Relationships**
Joel Luedke, MSe, ATC, CSCS, CISSN
Ravina Ballroom ABC

12:30pm – 1:30pm **How to use Sports Injury Surveillance Data to Prevent Injuries and Improve Clinical Practice.**
Neel Rao, MPH
Janet Simon, PhD, ATC
Ravina Ballroom ABC

Building Adaptable Athletes in Rehab with the Constraints Led Approach

Stuart Borne, MEd, ATC, CSCS

Lake Michigan Ballroom

1:00pm – 3:00pm

CECAT Quiz Bowl

Botanic Ballroom

1:45pm – 4:00pm

Recognizing and Addressing Microaggressions in the Clinical Environment –

Learning Lab

Michael Martinez, MS, ATC

Jenny Toonstra, PhD, ATC

Lake Michigan Ballroom

1:45pm – 2:45pm

The Elephant in the Room: Anabolic-Androgenic Steroids in Athletics and Beyond

James Leone, MS, ATC, CSCS, CHES, FMWC

Ravinia Ballroom ABC

3:00pm – 4:00pm

Reframing Professionalism to Reduce Bias

Jamie Mansell, PhD, ATC

Elizabeth Neil, PhD, ATC

Ravinia Ballroom ABC

3:00pm – 4:00pm

CECAT:

Emerging Practice: The AT Fit for the Industrial Athlete

David Noble, MS, ATC

Botanic Ballroom

4:00pm – 5:00pm

CECAT Poster Free Communication Session; Authors present

4:15pm – 4:45pm

Peer to Peer - Reframing Professionalism to Reduce Bias: A Continued

Conversation

Jamie Mansell, PhD, ATC

Dani Moffit, PhD, ATC, DipACLSM, FNAP

Elizabeth Neil, PhD, ATC

Ravinia Ballroom ABC

Peer to Peer - Empowering Athletic Trainers: A Peer-to-Peer Exploration of Mental Health Advocacy, Recognition, and Referral

Alyssa S. Anderson, PhD, ATC

Jessica L. Huett, EdD, ATC, PED, CES

Lake Michigan Ballroom

5:00pm – 6:30pm

GLATA BUSINESS MEETING

Ravinia Ballroom ABC

7:00pm – 9:00pm

Medical Documentation Quality Improvement: A How To Do Better Approach -

Learning Lab

Elizabeth Neil, PhD, ATC

Lake Michigan Ballroom

Friday, March 15th

7:30am – 8:30am

STATE MEETINGS

Illinois **Ravinia Ballroom ABC**
Indiana **Lake Michigan Ballroom**
Michigan **Botanic Ballroom**
Minnesota **Elm Room**
Ohio **River Ballroom**
Wisconsin **Birch Room**

8:45am – 9:45am

Health Literacy: A Social Determinant of Health

Marcia Mastracci Ditmyer, PhD, MBA, MS

Ravinia Ballroom ABC

Mental Wellness in Student-Athletes: How Can We Help?

Anne Danbury, MS, ATC, CSCS

Botanic Ballroom

9:00am – 1:30pm

EXHIBIT HALL OPENS

Ravinia Ballroom DEF

10:00am – 11:00pm

Anterior Shoulder Instability: First-Time Dislocations & Beyond

Asheesh Bedi, MD

Joshua D. Lilly, DO, CAQSM

Ravinia Ballroom ABC

10:00am – 12:00pm

Leading Up: Leading from Outside the Boss' Chair

Trevor Bates, DHSc, ATC

Angela Beisner, MA, ATC

Darryl Conway, MA, ATC

Matthew Kutz, PhD, ATC

Lake Michigan Ballroom

GLATA Oral Free Communication Session

Free Communications provide highly structured and efficient presentations regarding the most current original research (clinical, survey, qualitative, meta-analysis/systematic reviews) and clinical case reports. Each Free Communication is 10-minutes (8-minutes presentation, 2-minutes Q&A), which concludes with clinical/practical application.

Moderators:

11:15am – 12:15pm

Wearable Technology in Athletic Training: Applications for the Sports Medicine

Practitioner

Alexandra Lempke, PhD, ATC

Adam S. Lepley, PhD, ATC

Ravina Ballroom ABC

12:15pm – 1:15pm

Exhibit Break

1:15pm – 2:15pm

Using safe return-to-work practices, including job analysis and fit-for-duty testing in Industry

Heidi Bohl, ATC

Traci Tauferner, ATC, CSCS, PES, MCTP

Ravinia Ballroom ABC

- 1:15pm – 3:15pm **Safe Space Ally Training for the Athletic Trainer**
Cloe Klaus, M.Sc., ATC
Kristen Walker, MS ATC
Botanic Ballroom
- 2:30pm – 4:30pm **Manual Therapy Techniques for the Treatment of Ankle Sprains - (Learning Lab)**
Brian Farr, MA, ATC, CSCS
Kelvin Phan, MSED, ATC, NASM-PES
Aric Warren, PhD, ATC
Lake Michigan Ballroom
- 2:30pm – 3:30pm **CranioSacral Therapy: A Whole-body Approach to Athletic Injury Prevention and Recovery**
Elizabeth Desrochers, PT, MS, DPT, ATC-R, CST-D
Ravinia Ballroom ABC
- 3:45pm – 4:45pm **Let's Talk About Sex(ual Conduct): The Position of Power, Sexual Exploitation: What We Don't Talk About**
Jamie Mansell, PhD, ATC
Dani Moffit, PhD, ATC, DipACLSM, FNAP
Ravinia Ballroom ABC
- 5:00pm – 5:30pm **Peer to Peer - Sexual Exploitation: What We Don't Talk About**
Jamie Mansell, PhD, MEd, ATC
Dani Moffit, PhD, ATC, DipACLSM, FNAP
Ravinia Ballroom ABC
- 5:00pm – 6:00pm **The Prevalence and Consequences of Early Sports Specialization in Young Athletes**
David Bell, PhD, ATC, FNATA
Lake Michigan Ballroom
- 6:15pm – 6:45pm **Peer to Peer - A Peer Discussion About Navigating Sport Specialization in Youth Athletes**
David Bell, PhD, ATC, FNATA
Lake Michigan Ballroom
- 8:00pm – 10:00pm **GLATA Social**
“GAME NIGHT”
River Ballroom

Saturday, March 16th

- 8:00am – 10:15am **Practical Strategies to Optimize you Well-Being – (Learning Lab)**
Lisa Kluchurosky, MEd, ATC
Julie Young, PhD, ATC, PES
Birch Room
- 8:00am – 9:00am **An Eye on Post-Traumatic Osteoarthritis Prevention and Management: A Case Study and Literature Perspective**
Stacey Gaven, PhD, ATC
Cameron Powden, PhD, ATC
Lake Michigan Ballroom

9:15am – 10:15am **Manual Therapy for Knee and Hip Conditions**

Jill Manners, PhD, DPT, ATC

Lake Michigan Ballroom

10:30am – 12:30am **Advanced Manual Therapy for the Knee and Hip that All Athletic Trainers Should Know – (Learning Lab)**

Jill Manners, PhD, DPT, ATC

Lake Michigan Ballroom

10:30am – 12:30am **TBD – (Learning Lab)**

David Berry, PhD, MHA, ATC

Birch Room

Call for Presentation Proposals for the 2025 GLATA Annual Meeting and Symposium

March 12-15, 2025

Wheeling, IL

The Great Lakes Athletic Trainers' Association Education Committee is inviting proposals for professional presentations at the 58th GLATA Annual Meeting and Symposium in Wheeling, IL, March 12-15, 2025. Athletic Trainers and affiliated professionals are encouraged to submit proposals for feature presentations, learning labs and mini-courses. Further descriptions and proposal guidelines are posted on the GLATA website under the Annual Meeting tab.

Presentation topics should address athletic training domain(s) of practice beyond entry-level knowledge or address a topic that would make a valuable contribution to the understanding of the practice or pedagogy of athletic training. Proposal submissions must avoid any affiliation with a commercial product or service.

Individuals interested in presenting must complete the online application indicating the presentation type, learning objectives, practice gap addressed, citations as well as a structured abstract (250 word limit; see website for format). All proposals must be submitted electronically through the GLATA website [www.glata.org]. Each submission will undergo review by the GLATA Education Committee.

Submissions must be received by **June 1, 2024** for consideration.

	Length	# of Speakers	Format
Feature Presentation	1 hr	1-2 Speakers	Lecture only
Learning Lab	2 hrs total	1-2 Speakers + lab assistants	Lecture and lab combination
Mini-Courses	2-6 hrs pre/post conference (attendees register for additional CEUs)	1-2 Speakers + lab assistants	Speaker's choice of lecture, lab or combination

Great Lakes Athletic Trainers' Association 2024 Award Winners

Outstanding Educator Award

Trevor Bates, DHSc, ATC
Christina Davlin-Pater, PhD, ATC, EMT
Holly Schmies, PhD, ATC

Dedicated Service Award

Stephen Mayo, MS, ATC
Michael Moll, MEd
Joseph Whitson, MEd, ATC

CECAT Preceptor of the Year

Emily Manfresca, MS, ATC

Kevin Gerlach Professional Development Award

Mike Braid, MEd, ATC, FAFS

GLATA Award Winners: 2002 – 2023

Honorary Membership:

Elizabeth Arendt
Lou Belch
John Bergfeld
Gary Calabrese
Michael Collins
Gerry Detty

Joe Eagan
Scott Euype
David Fisher
ICEU, LLC
Peter Hovorka
Beverly Knight

Brian Matix
Richard Parker
Paul Strandquist
Kenneth Zisholz

Outstanding Educator:

Gerald Bell
David Berry
Rebekah Bower
David Carrier
Lorin Cartwright
George Davies
Carrie Docherty
Lindsey Eberman
Jessica Emlich
Kenneth Games
Katie Grove
Dorice Hankemeier
Laura Harris
Brian Hatzel
Christopher Ingersoll

Matthew Kutz
Christine Lauber
Scott Lawrance
Larry Leverenz
Blaine Long
Malissa Martin
Heidi Matthews
Mark Merrick
Kevin Miller
Michael Miller
Sally Nogle
Jeff Oliphant
Kim Peer
William Pitney
Jennifer Popp

John Powell
Richard Ray
Gretchen Schlabach
John Schrader
Patrick Sexton
Renee Revis Shingles
Janet Simon
Craig Voll
Stacy Walker
Jessica Wallace
Thomas Weidner
Alice Wilcoxson
Ryan Wilkinson
Andrew Winterstein

Dedicated Service:

Steve Allison
Trevor Bates
Gerald W. Bell
Ann Berry
Amy Brugge
Dale Burkhouse
Dan Campbell
Lorin Cartwright
Perry Denehy
Neal Dutton
Jessica Emlich
Christina Eyers
Kevin Gerlach
Mark Gibson
Gretchen Goodman
Robert Gray
Catherine Grove
Amy Hamilton
Dawn Hammerschmidt
Laura Harris

Chris Huot
Roger Kalisiak
Lisa Kluchurosky
Hollie Kozak
Gary Lake
Jan Lauer
Scott Lawrance
Larry Leverenz
Tory Lindley
Matt Marzullo
Michael Medich
Justin Miller
Brent Millikin
James Moore
Kari Odland
Allen Passerallo
Angela Perusek
Jill Ponzi
Dan Rasor
Richard Ray

Gary D. Reinholtz
Steve Risinger
Julie Rochester
Mark Schauer
Gretchen Schlabach
Lisa Schoene
Patrick J. Sexton
Brad Sherman
Renee' Revis Shingles
Mark Stoessner
Megan Streveler
William "Sully" Sullivan
Wayne Vaupel
Craig Voll
Marion Vruggink
Kerry Waple
Ryan Weible
Thomas G. Weidner
Jeffrey Williams

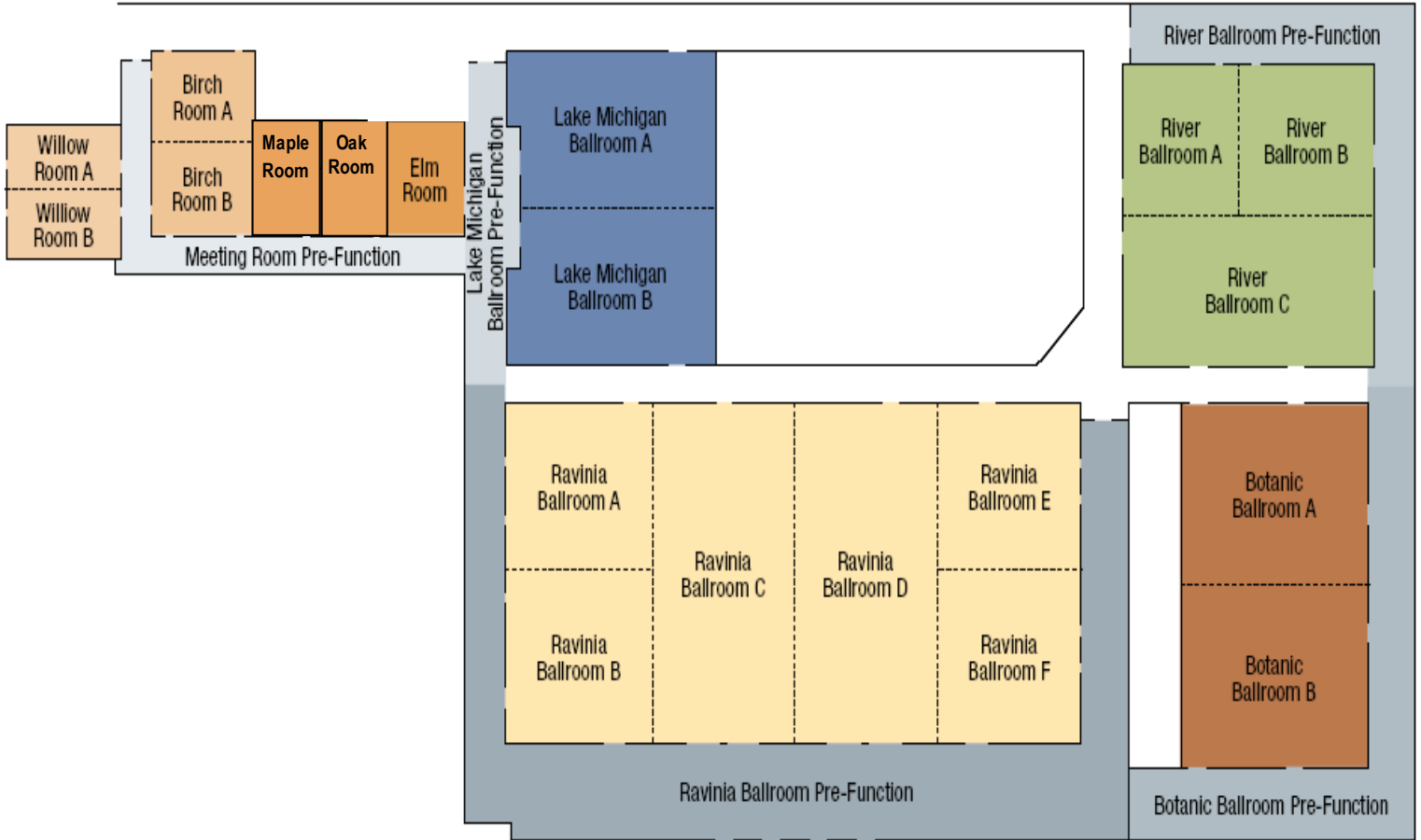
Golden Pinnacle:

Marjorie Albohm
Robert S. Behnke
Gerald "Jerry" Bell
Ann Berry
Cynthia "Sam" Booth
Lorin Cartwright
David Craig
Kent Falb
Tony Garofalo
Kevin Gerlach
Mark Gibson
Dale Googins

Gordon "Gordy" Graham
Robert Gray
Catherine Grove
William Hughes
Carol Humble
Roger A. Kalisiak
Gary Lake
Jan Lauer
Scott Lawrance
Tory Lindley
Dennis A. Miller
Rod Moore

Paul Plummer
Richard Ray
Julie Rochester
John W. Schrader
Rick Shaw
Walter "Kip" Smith
William "Sully" Sullivan
William Tessororf
Craig Voll
Marion Vruggink
Thomas G. Weidner
Jerry Whetstone

Westin Hotel Floor Plan



GLATA Future Meetings

- March 12-15, 2025 - The Westin Chicago North Shore
- March 11-14, 2026 - The Westin Chicago North Shore
- March 10-13, 2027 - The Westin Chicago North Shore
- March 8-11, 2028 - The Westin Chicago North Shore
- March 7-10, 2029 - The Westin Chicago North Shore
- March 6-9, 2030 - The Westin Chicago North Shore